

# summer mountain packing list

## travel essentials

- Passport
- Tickets
- Travel insurance
- Cards & currency
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

## basics

- Underwear
- Sleepwear
- Wash bag
- Sunscreen
- Sunglasses
- First aid & medication
- Laundry bag
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

## footwear

- Walking shoes
- Sandals / casual shoes
- Flip-flops

## on the mountain

- Technical tees & vests x \_\_
- Long-sleeved tees x \_\_
- Shorts x \_\_
- Walking socks x \_\_
- Leggings / trousers x \_\_
- Fleeeces x \_\_
- Waterproof jacket
- Cycle kit
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

## off the mountain

- Casual tees & vests x \_\_
- Casual shorts & skirts x \_\_
- Jeans / trousers x \_\_
- Summer dresses x \_\_
- Jumper or warm layers x \_\_
- Swimwear
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

## kit

- Rucksack
- Casual bag / handbag
- Water bottle
- Beach / swim towel
- Maps / GPS
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

## tech

- Travel adaptor
- Phone & charger
- Camera & charger
- Power bank
- \_\_\_\_\_
- \_\_\_\_\_

## fun stuff

- Books
- Games
- Snacks
- \_\_\_\_\_
- \_\_\_\_\_